



Welcome to Whitehaven Golf Club

Food Service Times

Monday – Sunday

Lunch Menu 11.30 – 5 p.m.

Plated Sunday Lunch Also Served On Sundays

Full Menu 5 – 8.45 p.m.

Bar Opening Times

11 a.m. - 11 p.m. daily

Last Orders 10.45 p.m.

Please contact us with any dietary requirements

We cannot always guarantee that our products are 100% free from nuts, seeds, gluten, or dairy

Functions & parties catered for please ask for details

We endeavour to use local suppliers supporting local businesses wherever possible

For any bookings please phone

01946 591177

Starters

Homemade Soup of the Day £4.50

Served with a warm roll & butter

Creamy Garlic Mushrooms £5.25

Served on a warm ciabatta

Homemade Chicken Liver Parfait £5.25

Served with Cumberland sauce & brown toast

King Prawn & Spicy Chorizo £6.25

Served over garlic croutes

Chicken Thighs £5.25

Served in a sweet chilli or BBQ sauce

Pulled Ham Terrine £5.25

Served with citrus dressed leaves, red onion & tomato chutney

Black Pudding & Onion Ring Stack £4.95

Served with peppercorn sauce

Cod & Prawn Fishcake £5.95

Served with a sweet chilli sauce

Also check the specials board

Mains – From The Grill

Prime Lakeland Dry Aged Beef Steaks

100z Beef Fillet Round £21.95

Locally sourced served with onion rings, mushrooms, tomatoes & side salad

Chargrilled 100z Sirloin Steak £16.95

Locally sourced, served with onion rings, mushrooms, tomatoes & side salad

Chargrilled 100z Rib-eye Steak £16.95

Locally sourced, served with onion rings, mushrooms, tomatoes & side salad

Chargrilled Gammon Steak £11.25

A thick local gammon steak served with a fried egg, peas and side salad

Chargrilled Cajun Chicken £10.95

Served with fresh Mediterranean vegetables and garlic new potatoes

Cumberland Sausage £11.25

A generous portion of local authentic Cumberland sausage,

served with a fried egg, peas & salad garnish

Homemade 8oz Beef Burger & Onion Stack £9.95

Served with relish & salad garnish add bacon or cheese for an extra £1.00 each

All our dishes from the grill are served with a choice of homemade chips or jacket potato

Add a Sauce for £1.95

Creamy Garlic Mushroom Sauce

Brandy & Peppercorn Sauce

Stilton Sauce

Red Wine Gravy

Firm Favourites

Slow Braised Marinated Lamb Shoulder £14.70

Served with creamy mash & seasonal vegetables

Tender Chunky Steak & Ale Pie £10.95

Served with creamy mash or homemade chips & seasonal vegetables

Homemade Lasagne £9.50

served with garlic bread and side salad

24hr Slow Cooked Beef Brisket £12.95

Served over bubble & squeak in a red wine sauce

Stir Fry Chicken £10.95

Fillets of chicken and mixed vegetables stir fried & coated in a sweet chilli sauce, topped

with crème fraiche and coriander, served with a choice of rice or chips

Curry of the Week £10.95

Please see the specials board

Served with boiled rice, naan bread & mango chutney

Beef Stroganoff £16.95

Served on a bed of tagliatelle

Also see specials board

Fish Dishes

Pan fried Salmon Steak £12.95

Served over Mediterranean vegetables & table salsa Verde

Deep fried Cod in Beer Batter £10.95

Served with homemade chips, peas and side salad

Whitby Scampi & Chips £10.50

Delicious whole tail scampi fried until golden brown

served with homemade chips, peas and side salad

Vegetarian Dishes

Three Egg Vegetarian Omelette £7.95

Pan-fried with seasonal vegetables, served with homemade chips & salad

Goats Cheese & Garden Pea Risotto £9.95

Vegetarian Stir Fry £8.95

Chef's selection of vegetables, stir fried & finished with homemade chilli sauce,

served with boiled rice or chips.

Add prawns for an extra £3.00

Vegetable Curry £10.95

Served with steamed rice, naan bread & mango chutney

Salads

Mixed Meat - Beef, Ham & Chicken £12.95

Savoury Tuna Mayo £8.95

Chicken & Bacon Caesar Salad £8.95 Vegetarian Option £7.95

Home Roasted Ham Salad £9.95

Prawn Salad £12.95

*All salads contain Egg, Tomato, Cucumber, Red Onion, peppers
& House Dressing*

Side Dishes

Onion Rings £2.50

Vegetables £2.25

Fresh Chipped Potatoes £2.25

Spicy Potato Wedges £2.50

Creamy Coleslaw £1.50

Baked Potato £2.25

Sweet Potato Fries £2.75

For our selection of Desserts please see the Specials Board

Circolo

Italian Selection

Choose One Of The Following To Accompany Your Sauce;

Tagliatelle

Penne

Chorizo flambéed in brandy & finished with cream & paprika

Roasted Mediterranean vegetables with olives in a rich tomato sauce

*Pan fried woodland mushrooms with spinach in a white wine sauce
(add bacon 75p extra)*

Risotto

Traditional beef mince bolognese with tomato, garlic & oregano sauce

Salmon & prawns in a white wine cream sauce finished with fresh dill

Classic carbonara, smoked bacon with egg yolks, parmesan, nutmeg, black pepper & a touch of cream

All served with garlic bread £9.95

Kiddies Corner

Beef Burger £4.95

Served with homemade chips

Cheese Burger £5.45

Served with homemade chips

Cajun Chicken Burger £5.95

Served with homemade chips

Chicken Nuggets £4.95

Served with homemade chips & beans or peas

Fish Fingers £4.95

Served with homemade chips & beans or peas

Pork Sausage £4.95

Served with homemade chips & beans or peas

Scampi £5.95

Served with homemade chips & peas

Cheesy Chips £3.50

Lunch Menu

Starters

Homemade Soup of the Day £4.50

Served with a warm roll & butter

Creamy Garlic Mushrooms £5.25

Served on a warm ciabatta

Chicken Thighs £5.25

Served in a sweet chilli or BBQ sauce

Mains

Tender Chunky Steak & Ale Pie £10.95

Served with creamy mash or homemade chips & seasonal vegetables

Cumberland Sausage £11.25

*A generous portion of local, authentic Cumberland Sausage,
served with a fried egg, homemade chips, peas & salad garnish*

Chargrilled Gammon Steak £11.25

*A thick local gammon steak served with a fried egg, homemade chips,
peas and salad garnish*

Homemade Lasagne £9.50

Served with garlic bread and salad

Stir Fry Chicken £10.95

*Fillets of chicken and mixed vegetables stir fried & coated in a sweet chilli sauce, topped
with crème fraiche and coriander, served with a choice of rice or chips*

Three Egg Vegetarian Omelette £7.95

*Pan-fried with seasonal vegetables,
served with homemade chips & salad*

Vegetarian Stir Fry £8.95

*Chef's selection of vegetables, stir fried & finished with homemade chilli sauce, and crème fraiche
served with boiled rice or chips (Add prawns for an extra £3.00)*

Chicken Caesar Salad £8.95

chicken breast, bacon, kos lettuce, parmesan cheese, croutons & Caesar dressing

Whitby Scampi & Chips £10.50

delicious whole tail scampi fried until golden brown served with homemade chips, peas and side salad

Deep fried Cod in Golden Crispy Batter £10.95

Served with homemade chips, peas and side salad

Hot Baguettes

Hot Beef £6.95

Served with onions, mushrooms & gravy

Mozzarella Cheese & Tomato £4.55

Ham, Cheese & Branston £4.25

Cumberland Sausage £6.95

Bacon & Egg £5.95

All served with crisp side salad & house dressing

Jacket Potatoes

Beans £5.95

Cheese £5.95

Beans and Cheese £6.95

Savoury Tuna Mayonnaise £6.95

Coronation Chicken £6.95

Homemade Chilli £6.95

Prawn & Marie Rose Sauce £6.95

Spicy Chicken £6.95

Cheese Savoury £5.95

All served with crisp fresh side salad

Light Bites

Mozzarella Cheese & Tomato £4.55

Cheese Savoury £4.55

Ham, Cheddar Cheese & Branston £4.55

Boiled Ham Salad £4.55

Savoury Tuna Mayonnaise £4.55

Coronation Chicken £6.95

Spicy Chicken £6.95

Prawn & Marie Rose Sauce £6.95

Bacon, Lettuce & Tomato £6.95

All the above fillings can be served in

*Fresh Seeded Brown or White Baguettes, Crispy Ciabatta Bread or 12" Tortilla Wrap
with Crispy Side Salad & House Dressing*

Salads

Mixed Meat £12.95

Home Roasted Ham £9.95

Savoury Tuna Mayo £8.95

Caesar Salad £8.95

Prawn £12.95

Side Dishes

Onion Rings £2.50

Vegetables £2.25

Homemade Chips £2.25 Spicy Potato Wedges £2.50

Sweet Potato Fries £2.75

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Tagliatelle

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Chorizo flambéed in brandy & finished with cream & paprika

Roasted Mediterranean vegetables with olives in a rich tomato sauce

*Pan fried woodland mushrooms with spinach in a white wine sauce
(add bacon 75p extra)*

Risotto

Traditional beef mince bolognaise with tomato, garlic & oregano sauce

Salmon & prawns in a white wine cream sauce finished with fresh dill

Classic carbonara, smoked bacon with egg yolks, parmesan, nutmeg, black pepper & a touch of cream

All served with garlic bread £9.95

Kiddies Corner

Beef Burger £4.95

Served with homemade chips

Cheese Burger £5.45

Served with homemade chips

Cajun Chicken Burger £5.95

Served with homemade chips

Chicken Nuggets £4.95

Served with homemade chips & beans or peas

Fish Fingers £4.95

Served with homemade chips & beans or peas

Pork Sausage £4.95

Served with homemade chips & beans or peas

Scampi £5.95

Served with homemade chips & peas

Cheesy Chips £3.50